

“I Can Cope With Hope!”
Who Am I Becoming? — Part 5
Hebrews 6:19-20

KEY QUESTION
How do I deal with the hardships
and struggles of life?

(Love) It always protects, always trusts, always hopes, always perseveres.
1 Corinthians 13:7

Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.
Proverbs 13:12

Where do we find true and lasting hope?

1. We find hope in our God who cares!

You keep track of all my sorrows. You have collected all my tears in your bottle. You have recorded each one in your book. Psalm 56:8 NLT

I will be glad and rejoice in your love, for you saw my affliction and knew the anguish of my soul. Psalm 31:7

As a father has compassion on his children, so the Lord has compassion on those who fear him; for he knows how we are formed, he remembers that we are dust.
Psalm 103:13-14

2. We find hope in our God's power!

I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, and his incomparably great power for us who believe. That power is like the working of his mighty strength, which he exerted in Christ when he raised him from the dead and seated him at his right hand in the heavenly realms...”
Ephesians 1:18-20

Sometimes God's power changes you.
Sometimes God's power changes your situation.
Sometimes God's power changes both.

Faith is the confidence that what we hope for will actually happen; it gives us assurance about things we cannot see. Hebrews 11:1-2 NLT

3. We find hope in our God's promise!

“The reason people don’t have sustainable hope is because they don’t believe in the promise of the future, or they don’t believe in the one making the promise.”

“...Do not be afraid, for I have ransomed you. I have called you by name; you are mine. When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you. For I am the Lord, your God...”

Isaiah 43:1-3 NLT

“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

John 16:33

Then I saw a new heaven and a new earth, for the first heaven and the first earth had passed away, and there was no longer any sea. I saw the Holy City, the new Jerusalem, coming down out of heaven from God, prepared as a bride beautifully dressed for her husband. And I heard a loud voice from the throne saying, “Now the dwelling of God is with men, and he will live with them. They will be his people, and God himself will be with them and be their God. He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.” He who was seated on the throne said, “I am making everything new!” Then he said, “Write this down, for these words are trustworthy and true.”

Revelation 21:1-5

Cost/Benefit Analysis: John sees the end outcome, our resurrected bodies and the heavenly city, and He ends the whole of scripture saying, “Come, Lord Jesus.”

KEY IDEA

I can cope with the hardships of life because of the hope I have in Jesus Christ.

KEY VERSE

We have this hope as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain, where Jesus, who went before us, has entered on our behalf...

Hebrews 6:19-20

Living with Hope as an Anchor

1. This anchored hope changes how we think.

We put our hope in the Lord. He is our help and our shield. In him our hearts rejoice, for we trust in his holy name. Let your unfailing love surround us, Lord, for our hope is in you alone.

Psalms 33:20-22 NLT

2. This anchored hope changes how we act.

Do not put your trust in princes, in mortal men, who cannot save. When their spirit departs, they return to the ground; on that very day their plans come to nothing. Blessed is he whose help is the God of Jacob, whose hope is in the Lord his God, the Maker of heaven and earth... Psalm 146:3-6

God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging. Psalm 46:1-3

3. This anchored hope changes who we are.

So be strong and courageous, all you who put your hope in the Lord! Psalm 31:24 NLT

Application: In all the storms of life I can cope with hardships, struggles and even death, because I have an anchor holding me secure. I may be helpless, but I am never hopeless because Jesus Christ holds my life secure. My hope is not dependent on my income, health, situation, circumstances, or other people. My hope is built on nothing less than Jesus Christ!